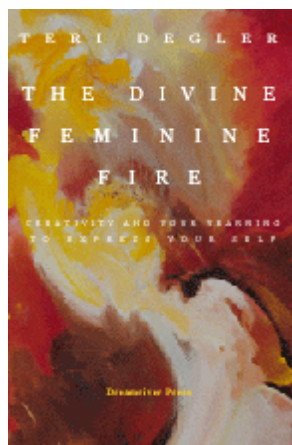


The Divine Feminine Fire

An all-day, hands-on workshop



- Exploring Kundalini-Shakti's role creative inspiration
- Enriching your ability to be creative and think creatively
- Having fun with exercises in creativity and creative writing

Sunday, June 13, 2010

10 am to 4:30 pm

In this hands-on workshop you'll explore the myths, legends, and sacred stories of the divine feminine – known as Shakti, Sophia, and Shekinah – that reveal her to be the cosmic source of creative inspiration. You'll discover how to enhance your self-expression, explore new ways to solve problems in your daily life, and take part in creativity exercises where you:

- create a safe, secure, protected space for creative self-expression
- draw your divine feminine creative energy from within
- turn the harsh inner voice of criticism into a wonderfully constructive "commentator"
- balance the divine masculine and feminine within
- play with art materials and reconnect with the colourful, spontaneous creativity of childhood

About the workshop leader:

Award-winning writer Teri Degler is the author/co-author of ten books – including *The Fiery Muse: Creativity and the Spiritual Quest* (Random House of Canada) and *The Divine Feminine Fire: Creativity and Your Yearning to Express Your Self* (Dream River Press USA). Her books have been published in the United States, Canada, and Germany. Known for her sense of humour and the warm, supportive atmosphere in her workshops, Teri has taught in the United States and Canada. She has been featured on many radio and television programs, and her freelance writing has appeared in *Family Circle*, *More Magazine*, *Today's Parent*, *The Toronto Star*, and many other publications in the U.S. and Canada. Originally from Idaho, Teri has an MA from the University of New Mexico. (See www.teridegler.com)



Heron Walk Healing and Retreat Centre

Langton, Ontario

\$45 including materials

Space is limited!

Reserve your place: 519-875-4330 OR info@heronwalk.ca